

BEHAVIORAL MOMENTUM: THE HIGH PROBABILITY REQUEST SEQUENCE

What is it?

- An intervention to improve cooperation
- A high probability request is an easy task that the student typically complies with
- A low probability request is a task that the student needs to learn but typically resists with non-compliance

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How do we do it?

- Adult gives student 2-5 easy requests (high probability)
- Adult then gives student 1 low probability request (a task student needs to learn)
- Student is now on a “roll” with success and more likely to follow the low probability request