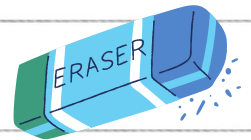


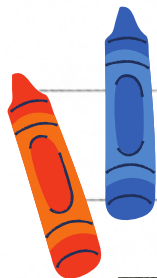
SCHEDULES



Why are schedules in the home and/or school important?

1. Provides consistency
2. Can plan for upcoming changes
3. Can decrease feelings of anxiety





SCHEDULES



After School Schedule

Play	Clean Up	Hand Washing	Meal	Bathroom	Brush Teeth	Go To Bed
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Coming Home

All Done

wash
get dressed
breakfast
brush teeth
shoes on

bath
pajamas
toilet
story
bedtime

SCHOLASTIC

Today's Schedule

8:15 AM		Reading
9:00 AM		Math
9:45 AM		Writing
10:30 AM		Recess
11:15 AM		Lunch
12:00 PM		Social Studies
12:45 PM		Music
1:30 PM		Science
2:30 PM		Gym

